

CHEER AND DANCE EXTREME – JUMP & TUMBLE STAR GUIDELINES



JUMP STAR

A Jump Star competitor is a participant who must perform three consecutive jumps of choice. Three different types of jumps are strongly suggested. No music or any other skills. Participant may take a prep in between each jump.

TUMBLE STAR

A Tumble Star competitor is a participant who must perform 1 tumbling run/sequence that showcases their skills, technique and includes a variety of elements. All levels of tumbling are welcome! Judging is not based on difficulty of the skill performed alone. Execution and technique is part of your score.

Jump / Tumble Star Divisions

NOTE CDE HAS THE RIGHT TO COMBINE SCHOLASTIC/RECREATION WITH ALL STAR IN ORDER TO PRODUCE A QUALITY COMPETITION OR IF ONE AGE DIVISION DOES NOT HAVE THE MINIMAL NUMBER OF REGISTRANTS. REGARDLESS ALL PARTICIPANTS WILL BE AWARDED.

CATEGORY	DIVISION	<u>AGE DAY OF EVENT</u>	GENDER
TUMBLE STAR			
Scholastic/Recreation			
Tumble	Tiny	6 years and younger	M/F
Tumble	Mini	7-9 yrs old (7/8/9)	M/F
Tumble	Youth	10-12 yrs old (10/11/12)	M/F
Tumble	Junior	13-15 yrs old (13/14/15)	M/F
Tumble	Senior	16-18 yrs old (16/17/18)	M/F
Tumble	Open	18 years and older	M/F
Tumble	CheerAbilities	Any Age	M/F
All Star			
Tumble	Tiny	6 years and younger	M/F
Tumble	Mini	7-9 yrs old (7/8/9)	M/F
Tumble	Youth	10-12 yrs old (10/11/12)	M/F
Tumble	Junior	13-15 yrs old (13/14/15)	M/F
Tumble	Senior	16-18 yrs old (16/17/18)	M/F
Tumble	Open	18 years and older	M/F
Tumble	CheerAbilities	Any Age	M/F
JUMP STAR			
Scholastic/Recreation			
Jump	Tiny	6 years and younger	M/F
Jump	Mini	7-9 yrs old (7/8/9)	M/F
Jump	Youth	10-12 yrs old (10/11/12)	M/F
Jump	Junior	13-15 yrs old (13/14/15)	M/F
Jump	Senior	16-18 yrs old (16/17/18)	M/F
Jump	Open	18 years and older	M/F
Jump	CheerAbilities	Any Age	M/F
All Star			
Jump	Tiny	6 years and younger	M/F
Jump	Mini	7-9 yrs old (7/8/9)	M/F
Jump	Youth	10-12 yrs old (10/11/12)	M/F
Jump	Junior	13-15 yrs old (13/14/15)	M/F
Jump	Senior	16-18 yrs old (16/17/18)	M/F
Jump	Open	18 years and older	M/F
Jump	CheerAbilities	Any Age	M/F

For simplicity, participant's age is the age of the participant the DAY of THE Event