

Cheer and Dance Extreme Events
Protocol for Return to Play – COVID-19 Safety Plan Requirements

Effective March 1, 2021

The following protocols are designed to enhance the safety of our events and comply with national, state, and local guidelines. As guidelines change, our protocols may also change. We all need to be responsible to safely implement these requirements to ensure the safety of all involved.

Entrance Requirements

All athletes, coaches, spectators, officials, volunteers, judges, staff, and subcontractors will be screened and have temperature checked to gain entrance into the event. Screening will include asking adults if they are currently experiencing fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever, a new cough that cannot be attributed to another health condition, new shortness of breath that cannot be attributed to another health condition, new chills that cannot be attributed to another health condition, a new sore throat that cannot be attributed to another health condition, or new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise). Anyone experiencing symptoms will not be permitted in the event/venue.

Entry will be denied if any of the following apply:

1. You have had close contact with an individual infected with Covid-19 within the last 14 days.
2. You are currently experiencing or have experienced in the past 14 days – fever, cough, shortness of breath.
3. You have had close contact within the last 14 days with an individual suspected of being infected with Covid-19 including those exhibiting symptoms.
4. You have traveled to an area that is under travel advisory by the US State Department.

Physical distance will be required as you enter the facility. **You must remain at least 10 feet apart.** This will be mandated by physical distance sign reminders; CDE and Venue Staff placed throughout the Entrance to Exit Area Rotations; Physical barriers of bike racks and stations; and limiting each team/members of team to the area of competition/play/field stations they are competing on. An established route for “entrance only” and “exit only” will be in place to allow for a “one-way” path for attendees and to enforce **10 feet apart distancing**.

After a team finishes the competition rotations the team members/coaches/volunteers/spectators must exit the building after completing all rotations. There will be a continual flow through the Entrance to Exit Area of the event within designated areas of competition must remain at **least 10 feet apart**.

Capacity limitations will be enforced in the seating in front of the stage by chairs spaced out according to guidelines. Moving of any chairs or not adhering to the **10 feet apart distancing** will result in expulsion from the event and immediately exiting the building.

Rosters will be utilized to ensure the correct number of athletes, coaches, volunteers, staff, and spectators (when applicable) are within the guidelines. Upon entrance, all will go through a verification process to ensure the number entered is per guidelines and on rosters if needed for contact tracing.

Cheer and Dance Extreme Events
Protocol for Return to Play – COVID-19 Safety Plan Requirements

Effective March 1, 2021

Additional Safety Precautions

In addition to the screening of athletes, coaches, staff, volunteers, and spectators, CDE will require all staff, judges, and subcontractors to be screened and have temperature check to be on site before, during, or after the event. All who fail a temperature check or show signs of not feeling well will not be permitted to attend. All participants, coaches, volunteers, staff, and spectators (when applicable – depending on event), will be required to have a temperature check upon entry into the building. A screening of health questions will be posted/asked to gain entry to the event.

CDE will use athlete waivers, registration documents, and registered coaches as our contact plan, contact tracing, should be necessary. Due to this all coaches passes must be pre-paid for 72 hours prior to the event. No additional coach's bands/credentials will be given on site – NO EXCEPTIONS! A CDE roster must be completed or updated for each programs participant, coach, gym director/owner, in attendance at the event.

Masks will be worn by all in attendance at the event. Athletes must wear masks when they are not competing or actively engaging in an active warm-up rotation. Mask worn by athletes competing and practicing will be left up to the discretion of each gym owner/program director. Any program choosing to wear a mask during performance will not be penalized. **Mask must be properly worn over the mouth and nose always.**

Hand Sanitizer Stations will be placed throughout the venue in strategic locations, at the building entrances and exits.

There will be no box offices/ticket sales on-site at the event. All athletes, coaches, staff, and volunteers will be provided credentials (wristbands/tickets/roster system) to gain entry to the event. This is to ensure CDE adheres to any capacity guidelines put forth by the venue. The schedule will be created to alert staff of these numbers for staff to enforce the rules. Anyone trying to enter without proper credentials will be denied entry. Anyone found inside a venue without the proper credentials will be escorted out and if needed a team penalty will be assessed.

Scheduling of Teams will depend on the specific venue, state officials, and current CDC guidelines for the specific event. Breaks will be incorporated throughout to allow for CDE to sanitize equipment. The event schedule will allow for planned intervals of enhanced cleaning, re-sanitizing, and disinfecting of public areas and areas of usage.

Award Ceremonies will be altered to follow social distancing rules. Virtual Awards Ceremonies will take place either by an online reveal or Facebook Live Awards shall the venue permit.