



2022-2023 School Cheer Divisions

School Cheer Novice (grade as of 2022-2023 school year)			
Elementary	6 th grade & below	Female/Male	5-32 members
Junior High	9 th grade & below	Female/Male	5-32 members
School Cheer Intermediate (grade as of 2022-2023 school year)			
Elementary	6 th grade & below	Female/Male	5-32 members
Junior High	9 th grade & below	Female/Male	5-32 members
Junior Varsity	8 th – 12 th grade	Female/Male	5-32 members
Varsity	8 th – 12 th grade	Female/Male	5-32 members
Collegiate	College Enrollment	Female/Male	5-32 members
School Cheer Advanced (grade as of 2022-2023 school year)			
Junior High	9 th grade & below	Female/Male	5-32 members
Junior Varsity	8 th – 12 th grade	Female/Male	5-32 members
Varsity	8 th – 12 th grade	Female/Male	5-32 members
Collegiate	College Enrollment	Female/Male	5-32 members
School Cheer Non-Mount / Non-Tumble (grade as of 2022-2023 school year)			
Varsity	12 th grade & below	Female/Male	5-32 members

*School Cheer Non-Mount & School Cheer Non-Tumble will not be broken down into Intermediate or Advanced because it is Cheer & Dance ONLY!

If you do not see your division listed, contact tara@cheeranddanceextreme.com



The grade of the athlete is based on the 2022-2023 school year grade.

