

**Cheer and Dance Extreme School Scoring Ranges
Intermediate School Divisions**

STUNTS	PYRAMIDS	TOSSES	STANDING TUMBLING	RUNNING TUMBLING	JUMPS
0-1	0-1	0-1	0-1	0-1	1
Majority participate in 1 Level Appropriate Building Skill	Pyramids including 1 structure and 1 Level Appropriate transition	Less than Majority performs any tosses	Less than majority performs any tumbling skills	Less than majority performs any tumbling skills	Majority performs any basic jumps that are not connected
1-2	1-2	1-2	1-2	1-2	2
Majority participate in 2 Level Appropriate Building Skills	Pyramids including 2 structures and 2 Level Appropriate transitions	Majority performs straight ride tosses within a sequence	Majority performs rolls or walk-overs	Majority performs cartwheels or round offs	Majority performs advanced jumps that are not connected
2-3	2-3	2-3	2-3	2-3	3
Majority participate in 3 Level Appropriate Building Skills	Pyramids including 3 structures and 3 Level Appropriate transitions	Majority performs single-skill non-twisting tosses within a sequence	Majority performs standing back handsprings	Majority performs passes containing handsprings or handspring series	Majority performs 2 connected advanced jumps
3-4	3-4	3-4	3-4	3-4	4
Majority participate in 4 Level Appropriate Building Skills	Pyramids including 3 structures and 4 Level Appropriate transitions	Majority performs single twisting tosses within a sequence	Majority performs series standing back handsprings	Majority performs passes containing back tucks	Majority performs 3 connected advanced jumps

**Cheer and Dance Extreme School Scoring Ranges
Advanced School Divisions**

STUNTS	PYRAMIDS	TOSSES	STANDING TUMBLING	RUNNING TUMBLING	JUMPS
0-1	0-1	0-1	0-1	0-1	1
Majority participate in Building Skills that are not Level Appropriate	Pyramids including 1 structure and NO Level Appropriate transition	Less than majority performs any tosses	Less than majority performs any tumbling skills	Less than majority performs any tumbling skills	Majority performs any basic jumps that are not connected
1-2	1-2	1-2	1-2	1-2	2
Majority participate in 1 Level Appropriate Building Skills	Pyramids including 1 structure and 1 Level Appropriate transition	Majority performs straight ride tosses within a sequence	Majority performs rolls or walk-overs	Majority performs cartwheels or roundoffs	Majority performs advanced jumps that are not connected
2-3	2-3	2-3	2-3	2-3	3
Majority participate in 2 Level Appropriate Building Skills	Pyramids including 2 structures and 2 Level Appropriate transitions	Majority performs single-skill non-twisting tosses within a sequence	Majority performs standing back handsprings	Majority performs passes containing back handsprings or back handspring series	Majority performs 2 connected advanced jumps
3-4	3-4	3-4	3-4	3-4	4
Majority participate in 3 Level Appropriate Building Skills	Pyramids including 3 structures and 3 Level Appropriate transitions	Majority performs single twisting tosses within a sequence	Majority performs standing back handspring series	Majority performs passes containing back tucks	Majority performs 3 connected advanced jumps
4-5	4-5	4-5	4-5	4-5	5
Majority participate in 4 Level Appropriate Building Skills	Pyramids including 3 structures and 4 Level Appropriate transitions	Majority performs one-skill or two-skill twisting tosses within a sequence	Majority performs standing tucks or handspring through to tucks	Majority performs passes containing layouts or fulls	Majority performs 4 connected advanced jumps OR 3 connected advanced jumps and 1 additional advanced jump

**Cheer and Dance Extreme School Scoring Ranges
Novice School Divisions**

STUNTS	PYRAMIDS	TOSSES	STANDING TUMBLING	RUNNING TUMBLING	JUMPS
0-1	0-1	0-1	0-1	0-1	1
Majority participate in 1 Level Appropriate Building Skill	Pyramids including 1 structure and 1 Level Appropriate transition	TOSSES ARE NOT PERMITTED IN THIS DIVISION	Less than majority performs any tumbling skills	Less than majority performs any tumbling skills	Majority performs any basic jumps that are not connected
1-2	1-2	1-2	1-2	1-2	2
Majority participate in 2 Level Appropriate Building Skills	Pyramids including 2 structures and 2 Level Appropriate transitions	TOSSES ARE NOT PERMITTED IN THIS DIVISION	Majority performs rolls	Majority performs cartwheels or round offs	Majority performs advanced jumps that are not connected
2-3	2-3	2-3	2-3	2-3	3
Majority participate in 3 Level Appropriate Building Skills	Pyramids including 3 structures and 3 Level Appropriate transitions	TOSSES ARE NOT PERMITTED IN THIS DIVISION	Majority performs cartwheels or walkovers	Majority performs passes containing combinations of round offs, cartwheels, or walkovers	Majority performs 2 connected advanced jumps