

CHEER AND DANCE EXTREME – DANCE TEAM DIVISIONS

SCHOOL DANCE DIVISIONS

Cheer and Dance Extreme

The grade/age of the competitor on August 31, 2016 will be the age used for competition purposes for the 2016-2017 season. Time Limits for School Dance Divisions are a maximum of Two (2) Minutes and thirty (30) seconds.

School

A school division team is a team made up of official school team members or official school competition team members. All members MUST attend that school.

HIP HOP			
Junior High Hip Hop	9 th grade and under	Female/Male	4+ members
Junior Varsity Hip Hop	9 th – 12 th grade	Female/Male	4+ members
Varsity Hip Hop	9 th – 12 th grade	Female/Male	4+ members
Collegiate Hip Hop	9 th – 12 th grade	Female/Male	4+ members
JAZZ			
Junior High Jazz	9 th grade and under	Female/Male	4+ members
Junior Varsity Jazz	9 th – 12 th grade	Female/Male	4+ members
Varsity Jazz	9 th – 12 th grade	Female/Male	4+ members
Collegiate Jazz	9 th – 12 th grade	Female/Male	4+ members
LYRICAL/CONTEMPORARY			
Junior High Lyrical/Contemporary	9 th grade and under	Female/Male	4+ members
Junior Varsity Lyrical/Contemporary	9 th – 12 th grade	Female/Male	4+ members
Varsity Lyrical/Contemporary	9 th – 12 th grade	Female/Male	4+ members
Collegiate Lyrical/Contemporary	9 th – 12 th grade	Female/Male	4+ members
POM			
Junior High Pom	9 th grade and under	Female/Male	4+ members
Junior Varsity Pom	9 th – 12 th grade	Female/Male	4+ members
Varsity Pom	9 th – 12 th grade	Female/Male	4+ members
Collegiate Pom	9 th – 12 th grade	Female/Male	4+ members
VARIETY			
Junior High Variety (Any Style)	9 th grade and under	Female/Male	4+ members
Junior Varsity Variety (Any Style)	9 th – 12 th grade	Female/Male	4+ members
Varsity Variety (Any Style)	9 th – 12 th grade	Female/Male	4+ members
Collegiate Variety (Any Style)	9 th – 12 th grade	Female/Male	4+ members

CDE can/may combine styles (i.e. Pom/Hip Hop) in the same age division if there are not at least (2) teams registered in each style. School Teams have the option to compete in the Junior or Senior All Star divisions if there is not competition within their overall division.