



Cheer and Dance Extreme
SCHOLASTIC CHEER DIVISIONS



In order to maintain a competitive atmosphere, Cheer and Dance Extreme (CDE) reserves the right to close, combine or open divisions at any time leading up to each event. CDE reserves the right to permit school's to adhere to the guidelines set forth by such organization and suggests that teams select the division that best fits the age and ability of your athletes.

To be entered as a School Cheer Team one or all must/can apply:

- 1.) Team is governed by their associated school's administration and primary affiliation is with an accredited Elementary, Middle, Junior High or High School.
- 2.) The team's main purpose is to cheer for the said school's sports (football, soccer, etc.) or be a school spirit "pep rally" club team. The Team's primary purpose is to increase school spirit at pep-rallies, tailgates and school-sponsored athletic contests.
- 3.) The grade the competitor is enrolled in at the beginning of the 2016-2017 scholastic school year will be the grade used for competition purposes throughout the 2016-2017 season for all divisions. *Exception Note: If a school district allows for athletes below 9th grade to compete at the "Varsity and/or Junior Varsity Level", the athlete is eligible.

HIGH SCHOOL SANCTIONED EVENTS – Non-spring floor divisions are offered at The GRAND Nationals and other designated sanctioned events for high school teams that can only compete on a non-spring floor with other competition standards in place.

SANTIONED NON-SPRING FLOOR DIVISIONS (Offered at Limited Events)

LEVEL	GRADE	GENDER	TEAM SIZE
ADVANCED SANCTIONED			
Varsity Coed	9 th -12 th grade	2 or More Males	5+
Varsity	9 th -12 th grade	Female/0-1 Male	5+
Junior Varsity	9 th -12 th grade	Female/Male	5+
INTERMEDIATE			
Varsity Coed	9 th -12 th grade	2 or More Males	5+
Varsity	9 th -12 th grade	Female/0-1 Male	5+
Junior Varsity	9 th -12 th grade	Female/Male	5+

NON-MOUNT DIVISIONS – No Stunting/Ground Bound. (Offered at Limited Events)

LEVEL	GRADE	GENDER	TEAM SIZE
ADVANCED NON MOUNT			
Varsity Coed Non-Mount	9 th -12 th grade	2 or More Males	5+
Varsity Non-Mount	9 th -12 th grade	Female/0-1 Male	5+
INTERMEDIATE NON MOUNT			
Junior Varsity Non Mount	9 th -12 th grade	Female/Male	5+
Junior High Non Mount	9 th grade and under	Female/Male	5+
Elementary Non Mount	6 th grade and under	Female/Male	5+

NON-TUMBLE DIVISIONS – No Tumbling allowed. (Offered at Limited Events)

LEVEL	GRADE	GENDER	TEAM SIZE
ADVANCED			
Varsity Coed Non Tumble	9 th -12 th grade	2 or More Males	5+
Varsity Non Tumble	9 th -12 th grade	Female/0-1 Male	5+
Junior Varsity Non Tumble	9 th -12 th grade	Female/Male	5+
Junior High Non Tumble	9 th grade and under	Female/Male	5+
Elementary Non Tumble	6 th grade and under	Female/Male	5+

(Continued Below)

STANDARD SCHOOL DIVISIONS (Offered at ALL Events)

LEVEL	GRADE	GENDER	TEAM SIZE
COLLEGIATE			
College All Girl	Collegiate Enrollment	Female	5+
College Coed Unlimited	Collegiate Enrollment	5 or More Males	5+
College Coed Limited	Collegiate Enrollment	1-4 Males	5+
ADVANCED			
Varsity Coed	9 th -12 th grade	2 or More Males	5+
Varsity	9 th -12 th grade	Female/0-1 Male	5+
Junior Varsity	9 th -12 th grade	Female/Male	5+
INTERMEDIATE			
Varsity	9 th -12 th grade	Female/Male	5+
Junior Varsity	9 th -12 th grade	Female/Male	5+
Junior High	9 th grade and under	Female/Male	5+
Elementary	6 th grade and under	Female/Male	5+
NOVICE			
Junior High	9 th grade and under	Female/Male	5+
Elementary	6 th grade and under	Female/Male	5+
EXHIBITION			
School Exhibition	12 th grade and under	Female/Male	5+