

CHEER AND DANCE EXTREME – DANCE TEAM DIVISIONS

RECREATION DANCE DIVISIONS

Cheer and Dance Extreme

The age of the competitor as of August 31, 2016 will be the age used for competition purposes for the 2016-2017 season. Time Limits for Recreation Dance Divisions are a maximum of Two (2) Minutes and thirty (30) seconds.

Recreation/Youth League

A recreation/youth league team is a community team that provides support for a sport or performs in recitals or parades. Coaches are non-paid, non-professionals.

TINY RECREATION DANCE			
Tiny Rec Variety (Any Style)	6 years & younger	Female/Male	4+ members
MINI RECREATION DANCE			
Mini Rec Variety (Any Style)	9 years & younger	Female/Male	4+ members
PEE WEE RECREATION DANCE			
Pee Wee Rec Variety (Any Style)	10 years & younger	Female/Male	4+ members
YOUTH RECREATION DANCE			
Youth Rec Variety (Any Style)	12 years & younger	Female/Male	4+ members
JUNIOR RECREATION DANCE			
Junior Rec Variety (Any Style)	15 years & younger	Female/Male	4+ members
SENIOR RECREATION DANCE			
Senior Rec Variety (Any Style)	18 years & younger	Female/Male	4+ members