



2021-2022 Affiliated Traditional Recreation Cheer & Non-Affiliated Performance Cheer

This document contains the competitive traditional recreational cheer divisions and performance cheer non-affiliated divisions offered for the 2021-2022 season. The age grid provides a list of divisions that may be offered by Cheer & Dance Extreme. Cheer & Dance Extreme does not have to offer every division listed at each event.

All programs must classify their entire organization as one of the following:

- **AFFILIATED**

- The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2021-2022 cheer season.

- **NON-AFFILIATED**

- Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program.

CLASSIFICATIONS

- At the beginning of the season an organization must classify if they are Affiliated or Non-Affiliated. This must be verified before the competition season. Once the organizations affiliation has been declared:
 - A Non-Affiliated organization cannot move to an Affiliated division.
 - An Affiliated organization can move to the Non-Affiliated division; however, any bids they have earned as an Affiliated organization during the competitive season will be forfeited. The organization will not be eligible to return to the Affiliated division during the remainder of that competitive season.

Traditional Recreation Affiliated and Performance Cheer Non-Affiliated cheerleading organizations can register teams in Traditional and/or Performance divisions.

- **TRADITIONAL RECREATION AFFILIATED**

- Routines must consist of Cheer & Music combination.
Routine Max: 2:30 minutes
- No tosses allowed.
- Will follow USASF All Star Prep Cheer Rules

- **PERFORMANCE CHEER NON-AFFILIATED**

- Routines may be a Cheer & Music combination.
Routine Max: 2:30 minutes
- Will follow USASF All Star Elite Cheer Rules
 - Exception: Level 4 - Fulls are allowed in running tumbling only and will be counted toward the running tumbling difficulty and technique scores.

Traditional Recreation Cheer and Performance Cheer Non-Affiliated routines may be performed on a spring or foam floor. Check with Cheer & Dance Extreme to determine what type of floor will be used at the competition.



The age of the athlete will be based on BIRTH YEAR for the 2021-2022 competitive season.





2021-2022 Affiliated Traditional Recreation Cheer & Non-Affiliated Performance Cheer

AFFILIATED TRADITIONAL RECREATION DIVISIONS			
DIVISION	BIRTH YEAR	AGES	# OF PARTICIPANTS & GENDER
LEVEL 1			
TINY (6U)	2014 and later	6 years and younger	5-36 members, Female/Male
MINI (8U)	2012 and later	8 years and younger	5-36 members, Female/Male
PEE WEE (10U)	2010 and later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2008 and later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
LEVEL 2.1			
PEE WEE (10U)	2010 and later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2008 and later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
LEVEL 2			
PEE WEE (10U)	2010 and later	10 years and younger	5-36 members, Female/Male
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JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
LEVEL 3.1			
PEE WEE (10U)	2010 and later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2008 and later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
LEVEL 3			
YOUTH (12U)	2008 and later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
RECREATION EXHIBITION			
EXHIBITION	2002 and later	18 years and younger	Unlimited members, Female/Male
CHEERABILITIES (SPECIAL ATHLETE) EXHIBITION			
CHEERABILITIES	Any Age	Any Age	Unlimited members, Female/Male

If you do not see your division listed, contact tara@cheeranddanceextreme.com



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2021-2022 Affiliated Traditional Recreation Cheer & Non-Affiliated Performance Cheer

NON-AFFILIATED PERFORMANCE RECREATION DIVISIONS			
DIVISION	BIRTH YEAR	AGES	# OF PARTICIPANTS & GENDER
LEVEL 1			
TINY (6U)	2014 and later	6 years and younger	5-36 members, Female/Male
MINI (8U)	2012 and later	8 years and younger	5-36 members, Female/Male
PEE WEE (10U)	2010 and later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2008 and later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
LEVEL 2.1			
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JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
LEVEL 4			
JUNIOR (14U)	2006 and later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male
LEVEL 4.2			
SENIOR (18U)	2002 and later	18 years and younger	5-36 members, Female/Male

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TRADITIONAL & PERFORMANCE RECREATION CHEER			
RECREATION EXHIBITION			
EXHIBITION	2002 and later	18 years and younger	Unlimited members, Female/Male
CHEERABILITIES (SPECIAL ATHLETE) EXHIBITION			
CHEERABILITIES	Any Age	Any Age	Unlimited members, Female/Male



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