2017 - 2018 ALL STAR SCORING SYSTEM - STUNTS

7.12.17

LEVEL 1

	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	• INVERSION TO GROUND LEVEL	• SWITCH UP TO LIB BELOW PREP LEVEL • SWITCH UP TO BODY POSITION BELOW PREP LEVEL • TIC TOC BELOW PREP LEVEL (LIB TO LIB) • TIC TOC BELOW PREP LEVEL (LIB TO BODY POSITION)	• ¼ TWISTING TRANSITION TO BELOW PREP LEVEL • ¼ DOWN TO GROUND LEVEL • ¼ TWISTING TRANSITION FROM PREP LEVEL	• STEP DOWN • STRAIGHT CRADLE	• BACK STAND • PREP LEVEL SHOW & GO • STRADDLE SIT • FLAT BACK • EXTENDED STRADDLE SIT • BELOW PREP LEVEL 1 LEG STUNT • EXTENDED FLAT BACK • PREP LEVEL 1 LEG STUNT WITH BRACER • PREP LEVEL TO PRONE • COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY • 1 LEG STUNT BELOW PREP LEVEL • SHOULDER SIT • CHAIR
ELITE LEVEL APPROPRIATE		• TIC TOC BELOW PREP LEVEL (BODY POSITION TO BODY POSITION)	• ¼ TWISTING TRANSITION TO PREP		• TRANSITION FROM BELOW PREP LEVEL TO PREP LEVEL BODY POSITION STUNT WITH BRACER • ¼ TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT WITH BRACER

LEVEL 2

	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	• INVERSION FROM GROUND LEVEL TO BELOW PREP LEVEL • INVERSION FROM GROUND LEVEL TO PREP LEVEL	• SWITCH UP TO LIB PREP LEVEL • TIC TOC PREP LEVEL (LIB TO LIB) • TIC TOC PREP LEVEL (LIB TO BODY POSITION)	• ½ TWISTING TRANSITION TO BELOW PREP LEVEL • ½ TWISTING TRANSITION TO PREP LEVEL • ¼ TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT • ½ TWISTING TRANSITION TO PREP LEVEL BODY POSITION • ¼ TWISTING TRANSITION TO EXTENDED STUNT	• STRAIGHT CRADLE FROM EXTENSION • STRAIGHT CRADLE FROM PREP LEVEL BODY POSITION • ¼ TWISTING DISMOUNT FROM PREP OR EXTENSION	• PRONE • PREP LEVEL 1 LEG STUNT • EXTENSION • BARREL ROLL • LEAP FROG VARIATIONS • ½ TWIST TO PRONE • COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY • WALK IN PREP LEVEL PRESS EXTENSION
ELITE LEVEL APPROPRIATE	• INVERSION FROM GROUND LEVEL TO EXTENDED STUNT	• TIC TOC PREP LEVEL (BODY POSITION TO BODY POSITION)	• ½ TWISTING TRANSITION TO EXTENDED STUNT		• ½ TWISTING INVERSION TO EXTENDED STUNT • ½ TWISTING TIC TOC TO PREP LEVEL 1 LEG STUNT • ½ TWISTING INVERSION TO PREP LEVEL 1 LEG STUNT

LEVEL 3

	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	• INVERTED BELOW PREP LEVEL • INVERTED AT PREP LEVEL • DOWNWARD INVERSION FROM BELOW PREP LEVEL	• RELEASE TO PREP LEVEL OR BELOW • SWITCH UP TO PREP LEVEL LIB • BALL UP, STRADDLE UP AND/OR RELEASE TO PREP LEVEL LIB • TIC TOC BELOW PREP LEVEL TO BELOW PREP LEVEL (LIB TO LIB) • TIC TOC BELOW PREP LEVEL TO PREP LEVEL (LIB TO LIB)	• FULL UP BELOW PREP LEVEL • FULL UP PREP LEVEL STUNT • ¼ TWISTING TRANSITION TO EXTENDED 1 LEG STUNT • FULL UP TO PREP LEVEL 1 LEG STUNT • PREP LEVEL FULL TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT	• STRAIGHT CRADLE FROM EXTENDED 1 LEG STUNT • FULL DOWN FROM PREP • ¼ TWISTING DISMOUNT FROM EXTENDED 1 LEG • FULL DOWN FROM EXTENSION • SINGLE SKILL CRADLE FROM 2 LEG STUNT (NON-TWISTING)	• FULL TWIST TO PRONE FROM PREP LEVEL • EXTENDED 1 LEG STUNT • SUSPENDED FRONT FLIP • SPECIALTY SUSPENDED FRONT FLIP (NON-TWISTING) • SUSPENDED TWISTING FRONT FLIP • COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY • TOSS HANDS • SINGLE BASED 1 LEG EXTENDED STUNTS • TOSS HANDS PAUSE PRESS EXTENSION • WALK IN EXTENSION
ELITE LEVEL APPROPRIATE	• INVERSION TO EXTENDED 1 LEG STUNT	• TIC TOC PREP LEVEL LIB TO EXTENDED BODY POSITION • SWITCH UP TO PREP LEVEL BODY POSITION • BALL UP, STRADDLE UP AND/OR RELEASE TO PREP LEVEL BODY POSITION	• FULL UP TO PREP LEVEL BODY POSITION • ½ TWISTING TRANSITION TO EXTENDED 1 LEG STUNT • PREP LEVEL FULL TWISTING TRANSITION TO PREP LEVEL BODY POSITION		• ½ TWISTING INVERSION TO EXTENDED 1 LEG STUNT

LEVEL 4

	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	• RELEASED INVERSION TO PREP LEVEL OR BELOW • RELEASED INVERSION AT PREP LEVEL TO PREP LEVEL • DOWNWARD INVERSION FROM PREP LEVEL • EXTENDED INVERTED STUNT	• SWITCH UP TO EXTENDED 1 LEG STUNT • RELEASE TO EXTENDED STUNT • TIC TOC LIB TO LIB (HIGH TO LOW) • HELICOPTER RELEASE MOVES • RELEASE TO EXTENDED LIB • SWITCH UP TO BODY POSITION • FULL TWISTING RELEASE TO PREP LEVEL OR BELOW • RELEASE FROM PREP LEVEL TO PREP LEVEL	• 1 ½ TWISTING TRANSITION TO BELOW PREP LEVEL • ¾ TWISTING TRANSITION TO EXTENDED STUNT • FULL UP TO EXTENDED STUNT • 1 ½ TWISTING TRANSITION TO PREP LEVEL • 1 ½ TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT	• FULL DOWN FROM EXTENDED 1 LEG STUNT • DOUBLE DOWN FROM PREP LEVEL • DOUBLE DOWN FROM EXTENDED STUNT • KICK FULL TWISTING DISMOUNT	• COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY • TOSS EXTENSION • TOSS 1 LEG EXTENDED STUNT
ELITE LEVEL APPROPRIATE	• RELEASED INVERSION FROM BELOW PREP LEVEL TO EXTENDED STUNT	• TIC TOC EXTENDED BODY POSITION TO PREP LEVEL OR BELOW BODY POSITION (HIGH TO LOW) • BALL UP, STRADDLE UP AND/OR RELEASE TO EXTENDED BODY POSITION (NOT INCLUDING SWITCH UP)	• 1 ½ TWISTING TRANSITION TO PREP LEVEL BODY POSITION • EXTENDED FULL TWISTING TRANSITION TO EXTENDED STUNT		• FULL TWISTING INVERSION TO EXTENDED STUNT • FULL TWISTING TIC TOC TO PREP LEVEL 1 LEG STUNT • FULL TWISTING BALL UP, STRADDLE UP AND/OR SWITCH UP TO PREP LEVEL BODY POSITION • 1 ½ TWISTING BALL UP, STRADDLE UP AND/OR SWITCH UP TO PREP LEVEL 1 LEG STUNT

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2017 - 2018 ALL STAR SCORING SYSTEM - STUNTS

LEVEL 5 YOUTH, JUNIOR RESTRICTED & SENIOR RESTRICTED

	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	• DOWNWARD INVERSION FROM EXTENDED STUNT • DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT • RELEASED INVERSION FROM PREP LEVEL TO EXTENSION	• ¼ TURN SWITCH UP TO EXTENDED 1 LEG STUNT • TIC TOC LIB TO LIB (HIGH TO HIGH) • LIB TO LIB TIC TOCS (LOW TO HIGH) • ½ TURN SWITCH UP TO EXTENDED 1 LEG STUNT • TIC TOC LIB TO BODY POSITION (LOW TO HIGH) • TWISTING HELICOPTER RELEASE MOVES	• FULL UP TO EXTENDED 1 LEG STUNT • 1 ¼ UP TO EXTENDED STUNT • DOUBLE UP TO PREP LEVEL STUNT	• DOUBLE DOWN FROM 1 LEG STUNT • KICK DOUBLE TWISTING DISMOUNT	• 1 ½ - 2 TWIST TO PRONE • COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY • TOSS ¼ - ¾ TWIST TO EXTENDED STUNT • TOSS EXTENDED 1 ARM STUNT • TOSS FULL TWIST TO EXTENDED STUNT
ELITE LEVEL APPROPRIATE	• RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED 1 LEG STUNT	• TIC TOC EXTENDED 1 LEG STUNT TO BODY POSITION (HIGH TO HIGH) • SWITCH UP FULL TWIST TO EXTENDED 1 LEG STUNT • ½ BALL UP TO EXTENDED BODY POSITION	• FULL UP TO EXTENDED BODY POSITION • 1 ½ UP TO EXTENDED STUNT		• ¼ - ¾ TWISTING TIC TOC TO EXTENDED 1 LEG STUNT

LEVEL 5

	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	• DOWNWARD INVERSION FROM EXTENDED STUNT • DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT • RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENSION • RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO LIB	• ¼ TURN SWITCH UP TO EXTENDED 1 LEG STUNT • TIC TOC LIB TO LIB (HIGH TO HIGH) • TIC TOC LIB TO LIB (LOW TO HIGH) • ½ TURN SWITCH UP TO EXTENDED 1 LEG STUNT • TIC TOC LIB TO BODY POSITION (HIGH TO HIGH) • TIC TOC LIB TO BODY POSITION (LOW TO HIGH) • TWISTING HELICOPTER RELEASE MOVES • SWITCH UP FULL TWIST TO EXTENDED 1 LEG STUNT • ½ TWISTING BALL UP TO EXTENDED BODY POSITION	• FULL UP TO EXTENDED 1 LEG STUNT • 1 ¼ - 1 ¾ UP TO EXTENDED STUNT • 1 ¼ - 1 ¾ UP TO EXTENDED 1 LEG STUNT • DOUBLE UP TO EXTENDED STUNT	• DOUBLE DOWN FROM 1 LEG STUNT • KICK DOUBLE TWISTING DISMOUNT	• 1 ½ - 2 TWIST TO PRONE • COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY • COED STYLE TOSS ¼ - ¾ TWIST TO EXTENDED STUNT • ¼ - ¾ TWISTING TIC TOC TO EXTENDED 1 LEG STUNT • FULL TWISTING TIC TOC TO EXTENDED 1 LEG STUNT (LOW TO HIGH)
ELITE LEVEL APPROPRIATE	• RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED BODY POSITION	• SWITCH UP FULL TWIST TO EXTENDED BODY POSITION • TIC TOC BODY POSITION TO BODY POSITION (HIGH TO HIGH) • FULL TWISTING BALL UP TO EXTENDED BODY POSITION	• 1 ½ UP TO EXTENDED BODY POSITION • 1 ¾ UP TO EXTENDED BODYPOSITION • DOUBLE UP TO EXTENDED 1 LEG STUNT		• UNASSISTED COED STYLE TOSS EXTENDED 1 ARM STUNT • COED STYLE TOSS FRONT HANDSPRING RELEASE ½ TWIST TO EXTENDED STUNT • COED STYLE TOSS FULL TWIST TO EXTENDED STUNT • FULL TWISTING TIC TOC TO EXTENDED 1 LEG STUNT (HIGH TO HIGH) • TOSS FRONT HANDSPRING ½ UP RELEASE TO EXTENDED STUNT

LEVEL 6

	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	• FREE FLIPPING FROM GROUND LEVEL TO CRADLE (L6) • FLIPPING FROM GROUND LEVEL TO PREP LEVEL (L6) • FLIPPING FROM GROUND LEVEL TO EXTENSION (L6) • DOWNWARD INVERSION FROM EXTENDED STUNT • DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT • RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENSION • RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO LIB	• ¼ TURN SWITCH UP TO EXTENDED 1 LEG STUNT • TIC TOC LIB TO LIB (HIGH TO HIGH) • TIC TOC LIB TO LIB (LOW TO HIGH) • ½ TURN SWITCH UP TO EXTENDED 1 LEG STUNT • TIC TOC LIB TO BODY POSITION (HIGH TO HIGH) • TIC TOC LIB TO BODY POSITION (LOW TO HIGH) • TWISTING HELICOPTER RELEASE MOVES • SWITCH UP FULL TWIST TO EXTENDED 1 LEG STUNT • ½ TWISTING BALL UP TO EXTENDED BODY POSITION	• FREE FLIPPING WITH TWISTING FROM GROUND LEVEL TO CRADLE (L6) • FLIPPING WITH TWISTING FROM GROUND LEVEL TO PREP LEVEL (L6) • FLIPPING WITH TWISTING FROM GROUND LEVEL TO EXTENSION (L6) • FULL UP TO EXTENDED 1 LEG STUNT • 1 ¼ - 1 ¾ UP TO EXTENDED STUNT • 1 ¼ - 1 ¾ UP TO EXTENDED 1 LEG STUNT • DOUBLE UP TO EXTENDED STUNT	• FRONT FREE FLIPPING TO GROUND LEVEL (L6) • FREE FLIPPING FROM PREP LEVEL OR BELOW TO CRADLE (L6) • FREE FLIPPING WITH TWISTING FROM PREP LEVEL OR BELOW TO CRADLE (L6) • DOUBLE DOWN FROM 1 LEG STUNT • KICK DOUBLE TWISTING DISMOUNT	• 1 ½ - 2 TWIST TO PRONE • COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY • COED STYLE TOSS ¼ - ¾ TWIST TO EXTENDED STUNT • ¼ - ¾ TWISTING TIC TOC TO EXTENDED 1 LEG STUNT
ELITE LEVEL APPROPRIATE	• FLIPPING FROM GROUND LEVEL TO EXTENDED SINGLE LEG AND/OR SINGLE ARM STUNT (L6) • RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED BODY POSITION	• SWITCH UP FULL TWIST TO EXTENDED BODY POSITION • TIC TOC BODY POSITION TO BODY POSITION (HIGH TO HIGH) • FULL TWISTING BALL UP TO EXTENDED BODY POSITION	• FLIPPING WITH TWISTING FROM GROUND LEVEL TO EXTENDED SINGLE LEG (L6) • 1 ½ UP TO EXTENDED BODY POSITION • 1 ¾ UP TO EXTENDED BODY POSITION • DOUBLE UP TO EXTENDED 1 LEG STUNT		• BACKHANDSPRING FULL UP TO STUNT (L6) • UNASSISTED COED STYLE TOSS EXTENDED 1 ARM STUNT • FRONT HANDSPRING 1 ½ UP TO EXTENDED STUNT • COED STYLE TOSS FRONT HANDSPRING RELEASE ½ TWIST TO EXTENDED STUNT • COED STYLE TOSS FULL TWIST TO EXTENDED STUNT • FULL TWISTING TIC TOC TO EXTENDED 1 LEG STUNT (LIB TO BODY POSITION) • FRONT HANDSPRING ½ UP TO EXTENDED STUNT

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